



Bedford Recreation Department

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David Bell

Believing in and having personally benefited from his own involvement in track and field, David Bell brought to and has the Hershey track clinic with the Bedford Recreation Department since 2002. The clinic is designed to introduce children to this Olympic sport and to give participants a chance to experience the health benefits, personal satisfaction, and excitement of it.

David is a teacher and a tutor. Over the years, he has coached cross-country and track and field at area high schools such as Concord-Carlisle Reg. H.S. and The Bromfield School. He runs a similar clinic for the Concord Recreation Department.